

The Five Pillars (of High Achievement?)

1. Clarity

Who are you at your best?

Links into I AM Program

2. Intentionality

Where are you going, and why?

I AM _____ , _____ , and _____ **SO THAT**
I can (do/be/teach/help/inspire) _____.

3. Energy

High Level? Focused? Sustainable?

4. Consistency

Daily Activities, Habits, and Rituals?

<https://s3-us-west-2.amazonaws.com/atasocialmedia/Social+Videos/8-21-18/5+Pillars+-+Consistency.mp4>

5. Leadership?

Who's in your life? Are they positive influences?